

## CLAIMS

1. An apparatus for at least partially supporting a human body of at least a first human during an intimate activity of two humans, comprising a base coupled to a frame connectable to a first support surface constructed to be adjusted to a first  
5 selected position, and at least one handle constructed and positioned for holding by said second human.

2. The apparatus of claim 1 wherein said frame includes a main rail connectable to a first rail arranged to bear weight of said first support surface and  
10 constructed to displace said first support surface to said selected position.

3. The apparatus of claim 2 wherein said first support surface includes a narrow front portion and a wide rear portion.

15 4. The apparatus of claim 3 wherein said narrow front portion of said first support surface is about 2 inches to about 20 inches wide.

5. The apparatus of claim 3 wherein said first support surface includes a seat.

20 6. The apparatus of claim 1 wherein said first selected position includes a selected height of said first surface above a floor surface.

7. The apparatus of claim 1 wherein said first selected position includes a selected angle of said first surface relative to a horizontal surface.

25 8. The apparatus of claim 1 further including a second support surface constructed to be adjusted independently of said first support surface and constructed to be located at a second selected position.

30 9. The apparatus of claim 8 wherein said frame further includes a second rail connectable to said main rail and arranged to bear weight of said second support

surface, said second rail being independently positionable relative to said first rail and being constructed to displace said second surface to said second selected position.

5           10. The apparatus of claim 8 wherein said second selected position includes a selected height of said second surface above a floor surface.

11. The apparatus of claim 8 wherein said second selected position includes a selected angle of said second surface relative to a horizontal surface.

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12. The apparatus of claim 8 wherein said second support surface includes a backrest.

13. The apparatus of claim 8 wherein said second support surface is  
15 constructed and shaped for resting elbows.

14. The apparatus of claim 8 further including a third support surface constructed to be adjusted independently of said first and second support surfaces and be located at a third selected position.

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15. The apparatus of claim 14 wherein said frame further includes a third rail connectable to said main rail and arranged to bear weight of said third support surface, said third rail being independently positionable relative to said first and second rails and being constructed to position said third support surface to said third  
25 selected position.

16. The apparatus of claim 14 wherein said third support surface includes a headrest.

30           17. The apparatus of claim 14 wherein said third support surface includes an elbow and forearm rest.

18. The apparatus of claim 1 wherein said handle bar is connected to said frame and has a holding surface at a height of about 2 to about 10 inches above said first surface.

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19. The apparatus of claim 1 wherein said frame is an adjustable frame that includes front and rear slider legs.

20. The apparatus of claim 19 wherein said front and rear slider legs include an adjustable mechanism that includes one of the following: a pneumatic lift, a hydraulic lift, a lever, tension devices, and gears.

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21. An apparatus for at least partially supporting a human body during an intimate activity, comprising a base coupled to an adjustable frame constructed to bear weight of two support surfaces, said two support surfaces being independently removable from said frame and being independently adjustable to assume first and second selected positions.

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22. An apparatus for at least partially supporting a human body during an intimate activity, comprising a base coupled to a frame means for supporting two support surface means, said two support surface means being independently removable from said frame means and being independently adjustable to assume a number of selected positions.

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23. A method of performing an intimate activity by two humans using an apparatus for at least partially supporting a body of at least one human comprising:  
providing an apparatus for at least partially supporting a human body, comprising a base coupled to a frame connectable to a first support surface;  
adjusting said first support surface to a first selected position;  
supporting at least partially said body of a first human on said adjusted first support surface; and

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performing an intimate activity by said two humans.

24. The method of claim 23 further including:

providing a second surface constructed to be adjusted independently of said

5 first surface of said apparatus;

adjusting said second support surface to a second selected position prior to  
said supporting of said first human on said first support surface; and

supporting at least partially said body of said first human by said adjusted second  
support surface prior to performing said intimate activity.

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25. An article of furniture including a cavity sized to receive an apparatus for  
at least partially supporting a human body of at least a first human during an intimate  
activity of two humans, comprising a base coupled to a frame, a first support surface  
constructed to be adjusted to a first selected position, said frame including two legs  
15 constructed and arranged to change a height of said first support surface, and at  
least one handle constructed and positioned for holding by said second human.

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26. The article of furniture including the apparatus of claim 25 wherein said  
frame includes a main rail connectable to a first rail arranged to bear weight of said  
20 first support surface and constructed to displace said first support surface to said  
selected position.

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27. The article of furniture including the apparatus of claim 26 wherein said  
first support surface includes a narrow front portion and a wide rear portion.

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28. The article of furniture including the apparatus of claim 27 wherein said  
first support surface includes a seat.

29. The article of furniture including the apparatus of claim 25 further including  
30 a second support surface constructed to be adjusted independently of said first  
support surface and constructed to be located at a second selected position.

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